

Fact Sheet

Hopeful Heart, Peaceful Mind: Managing Infertility

Carol Fulwiler Jones, MA, LMFT, LPC

Category: Health/Infertility/Spirituality

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Brief Description: Written in a warm, conversational style, this book is a must-read for men and women who are struggling with the emotional challenges of managing their infertility. For nearly two decades, psychotherapist Carol Fulwiler Jones has specialized in infertility counseling. An infertility patient herself for eight years, Jones provides caring, empathetic advice and an “instant support group” for readers who feel they are alone on this difficult path. The book includes practical advice, personal stories from Jones’ psychotherapy clients, techniques to promote overall health and inner peace, a glossary, resources, and much more.

Intended audience: Men and women experiencing infertility, their families and friends, and medical professionals in the field of reproductive medicine.

Website:

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